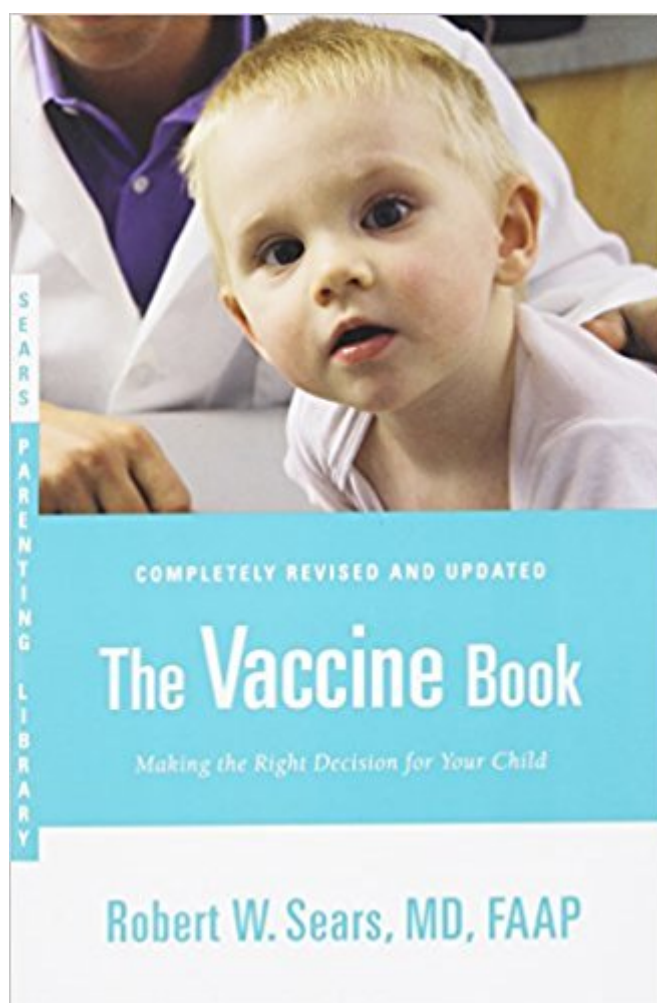


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# The Vaccine Book: Making The Right Decision For Your Child (Sears Parenting Library)



## Synopsis

THE VACCINE BOOK offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers Â updated information on each vaccine and disease Â more detail on vaccines' side effects Â expanded discussions of combination vaccines Â a new section on adult vaccines Â additional options for alternative vaccine schedules Â a guide to Canadian vaccinations THE VACCINE BOOK provides exactly the information parents want and need as they make their way through the vaccination maze.

## Book Information

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## Customer Reviews

Robert W. Sears, MD, FAAP, is a board-certified pediatrician in private practice in southern California. Dr. Bob received his medical degree from Georgetown University and completed his pediatric training at Children's Hospital Los Angeles. He has co-authored six books in the Sears Parenting Library, including The Portable Pediatrician and The Baby Book. He is also the author of The Autism Book and co-author of Happy Baby. He lives with his family in Dana Point, CA.

I don't know if anyone else has done this yet, but this is a detailed breakdown of what is in this book. It is more information than I ever expected, in a format that is sectioned down in consistent and easy

to read and reference. Personally, this is one of the best investments I made prepping for my brand new role as a mother. I bought it in my second trimester. I poured through it making notes and highlighting as I went. Dr Sears IS pro-vaccine, yet he writes from a neutral stand point giving you facts. But he is not here to tell you to get vaccines, rather to guide you in making the right choices for you! I'm pretty sure those that gave one star are those that have not even read a word of this book, but are rather so adamantly against just the idea of people not vaccinating that they must discredit a wealth of knowledge that benefits ALL parents and children. It starts with the current to date vaccine schedule chart. He then goes over each vaccine in order, each vaccine being their own chapter, and following a consistent format per chapter. The history of the disease. The description, likelihood of getting it, and the statistics including the risk factors involved for your child should they contract it, the short term and potentially long term outcome or damage, and the mortality rate. So basically the risks of not getting the vaccine. Followed by the risks of getting the vaccine. Common immediate reactions, more significant risks which can be different according to each company that makes the vaccine. (These are all based off of case studies and statistics). The different versions that may be made as a single disease vaccine, or as a combination vaccine, which also depending on the maker. Single and Combo are both gone over thoroughly. All known side effects and their likeliness per maker of the vaccine, in past versions and current ones, the ingredients and specific amounts of things like aluminum and formaldehyde. Aluminum being especially important because if your pediatrician is using certain ones that contain higher levels, you would not want to get them at the same time as another with mid to high aluminum levels. Meaning you might want a different brand for one, or if that's not an option for you, wait until the next visit for the other vaccine containing aluminum, thus keeping levels in your child lower and safe. Some contain eggs, which your child may be allergic to. If there is a particular maker with risks that aren't worth taking the chance, he will tell you that he doesn't recommend that certain brand/combo for that vaccine- not to be confused with not getting one all together. At the end of each of those chapters, he weighs in. Recommending whether this is one he personally believes you really shouldn't skip, or whether it's one that is not really necessary in scenarios such as a breastfed child who is not in daycare until a certain age. Whether the vaccine is given primarily as protection for the child, or more as protection for someone exposed to the child, with the child simply being an unaffected carrier. Like being a potential risk around a pregnant mother. If you are uncomfortable with following the recommended schedule of what and when, he has chapters at the end that help you with a delayed or selective schedule, or customizing your own. Does this help you realize how important this book is? And why we as parents should take the responsibility of knowing what is

injected in our child and why?

This is the best book ever. It tells you all the information and let's you make the best decision for yourself. I love everything Dr. Sears does but this was by far the most important book we needed right now in making these decisions. I highly recommend it to anyone who realized the importance of vaccination but has some concerns about how it's done and what is in the vaccines.

There is no bad Dr. Sears or Dr. Sears family book. This wades through a lot of the hype and questions surrounding a very difficult topic.

Very informative! He tells you the pros and cons and tries to let you decide what's best for your situation. There are alternative schedules in the book as well and that is helpful. If you're wanting to know more about the ingredients in the vaccines or more about the actual disease you're vaccinating against, I highly recommend this book.

If you have kids this is simply a good book to have on the shelf...good for a straight read or quick look ups. I love how this book flows I feel as if Dr. Sears is talking to me and he is easily to understood.

So informative and educated me on how to make the best decisions regarding vaccines and my baby. I highly recommend this book for any parent who wants to be more empowered and a bigger part of making medical decisions regarding the health of their children. Dr. Sears is not anti vaccine! He gives all the info, he gives his opinion... but, ultimately leaves the decision up to the parents.

This book has been a god send. Dr. Sears is a blessing to all parents who are on the fence with vaccinations. I am been able to do educated research and ask the proper questions during well visits and vaccination visits. I am so thankful I purchased this book! Thank you Dr. Sears for caring about our children.

very informative book for those concerned about the standard vaccine schedule and the amount of things that are being placed in your child. Please dont get it twisted he is not against vaccines at all. he just believes in moderation. for my niece's one year birthday she came home covered in bandaids...when i asked her mom she said she received 10 vaccines today she had a bandaid on

the back of each arm and two on her thighs needless to say she was cranky and running a fever

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